Early Warning Signs of Domestic Abuse

Is your friend.......  

• Having their movements monitored (being checked up on)  
• Being stopped from seeing friends & family  
• Having their phone & social media monitored  
• Having their finances controlled  
• Being put down in public  
• Being told what to wear, how to behave  
• “Walking on eggshells”  
• Being coerced to have sex  
• Being physically hurt

Is your friend’s partner ........  

• Jealous and possessive?  
• Charming one minute and abusive the next? Do they have sudden changes of mood – like Dr Jekyll and Mr Hyde?