Equal Nonviolence

Negotiation and Fairness
Seeking mutually satisfying resolutions to conflict
- accepting change
- being willing to compromise

Non-threatening Behavior
Talking and acting so that she feels safe and comfortable expressing herself and doing things.

Economic Partnership
Making money decisions together • making sure both partners benefit from financial arrangements.

Respect
Listening to her non-judgmentally • being emotionally affirming and understanding • valuing opinions.

Shared Responsibility
Mutually agreeing on a fair distribution of work • making family decisions together.

Trust and Support
Supporting her goals in life • respecting her right to her own feelings, friends, activities and opinions.

Responsible Parenting
Sharing parental responsibilities • being a positive non-violent role model for the children.

Honesty and Accountability
Accepting responsibility for self • acknowledging past use of violence • admitting being wrong • communicating openly and truthfully.