

## What can I say to someone about their behaviour?

What you said earlier really bothered me...

I'm saying something because I care about you...

I don't like what you just did.

I know you well enough to know that you would not want to hurt someone ...

I'm embarrassed for you.

How would you feel if someone did that to your sister?

That is so not cool.



I wonder if you realise how that feels / comes across.

I'm really worried about your girlfriend's safety.

You'll never pull again.

When you do that, it makes her feel bad.

It's not normal, you're out of ...

Did you mean to be so rough?

I care about you, but I won't put up with you treating her/him like that.

I'm surprised to see you act like that, you're better than that.

Loving her doesn't include abusing her.

What you've done is a crime. You could be arrested for this.

I'm losing respect for you.

Sorry but this makes me really uncomfortable. It's not right.

Call me if you feel like you're losing control.

Acknowledgements: phrases drawn from a number of sources including:

UWE Student Committee

NSVRC SAAM (2010) Making a Difference presentation:

<http://www.nsvrc.org/sites/default/files/file/SAAM/Making%20a%20Difference%20Workshop-CAMPUS%202010.ppt>

Tell a Gal Pal: <http://www.clicktoempower.org/domestic-violence-facts/what-to-say-when-you-think-someone-is-using-abusive-behavior>