

Curriculum Vitae – brief

Dr. Kari Bjerke Batt-Rawden
Hellerudbakken 16, 2656 Follebu, Norway,
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Education

1988: Cand. Sociol & Sociologist from the University of Oslo, Norway . Masters degree 13 years after BSc; specializing in social network and families, medical sociology, health promotion and preventive medicine.

Thesis. "Divorce and custody. A qualitative study of 41 parents." One year's work included in the *Master degree programme*.

2004-2007: PhD studies at the University of Exeter, England. Title: "Music and Health Promotion; The role and significance of music and musicking in the lives of men and women with long term illnesses". Supervisor: Professor Tia DeNora, University of Exeter.

Kari Batt-Rawden's PhD research on music and health promotion won a Strong Commendation from the Royal Society for Public Health. The award was presented in September at the International Conference on Music and Health, organized by the Sidney De Haan Research Centre for Arts and Health at Canterbury Christ Church University.
<http://projects.exeter.ac.uk/socarts/>.

Work experience

1988-1997. Senior Executive Officer / Sociologist at the National Health Screening Service, Health Education Unit, Oslo, Norway

1994 -1998: Project leader/Head of studies for "Women and Health" at

1998 - 2007: Associate Professor: Oslo and Akershus University College, Norway. Responsible for Postgraduate studies in Health Promotion. Tuition and examination. (120 units).

External adjudicator at Oslo University College for bachelor studies in Preventive Medicine and Health Promotion.

2007- onwards: External adjudicator for master students in Public Health at UMB, Research group for Nature, health and quality of life; Department of Animal and Aquacultural Sciences Norwegian University of Life Sciences (UMB).

2007: Doctor of Philosophy in Sociology (PhD), University of Exeter. Doctoral Thesis: Music and Health Promotion: The role and significance of music and musicking in everyday life for the long term ill.

2007 - onwards: **Researcher II/PhD** at the Eastern Norway Research Institute, [ENRI/Østlandsforskning], Lillehammer, Norway (100%): Themes: Health, culture and welfare. www.ostforsk.no

External projects:

Cooperation with Nature-Culture-Health Center in Asker: Responsible for Evaluation of Participants Health and Well-being in relation to group activities. Particular attention was focused on participants in music-groups. Papers published in 2005.

Lecture subjects

Theories and methods in health promotion and preventive medicine

Music, health and healing

Physical activity and risk factors

Sociology 2 Social network and empowerment and interaction

Women's health

Research methods; Qualitative methods

Work environment and sick leave

Interdisciplinary work

Developed following postgraduate studies at the University of Oslo and Akershus, Norway

"Women and Health -60 units

"Health Promotion" -60 units

Cooperation and network

Consultant in a networking group on Reliance for the Olympic Games at Lillehammer in 1994..(How to motivate the general public to better exercise habits)

1989: Consultant in an Information Campaign on how to prevent cervix cancer.

1989-91: Member of Action Committee «Aksjon mot hjemmeulykker -Safety Promotion in the home.

1989 -91: Member of the 'National Team for the Prevention of Smoking Related Illness'

Member of the board at "Foundation for Higher Education" Private College.

2008: Member of the Board: Nature-Culture-Health International: www.nacuheal.org.

2008: Member of the Borad: Center fro Music and Health: Norwegian Academy of Music.

[Norges Musikkhøgskole). Leader: Professor Even Ruud- even.ruud@imv.uio.no

Publications - 2006-2012

Batt-Rawden, K.B., & Aasgaard, T.(2006)1. Music a Key to the Kingdom. Electronic Journal of Sociology. <http://www.sociology.org/content/2006/tier1/batt-rawden.html>. ISSN - 1198 3655: pp. 1-21 [retrieved online 8th of June, 2006].

Batt-Rawden, K.B. (2006). Music -- a strategy to promote health in rehabilitation? An Evaluation of participation in a 'Music and Health Promotion project'. *International Journal of Rehabilitation Research*. Vol. 29 (2) pp. 171-173.

- Batt-Rawden, K. B. & DeNora, T. (2005). Music and Informal Learning in Everyday Life. *Music Education Research*, Vol. 7 (3) pp. 289-304.
- Batt-Rawden, K.B. (2007): Music as a transfer of faith – towards recovery and healing. In: *Journal of Research in Nursing*; 12: 101- 102. Sage Journals. doi:10.1177/1744987106072045
- Batt-Rawden, K.B., Trythall, S. & DeNora, T. (2007). Health Musicking as Cultural Inclusion. In: Edwards, J. (Ed.). 'Music: promoting Health and Creating Community in Healthcare Contexts. Cambridge Scholars Publishing. UK.
- Batt-Rawden, K.B & Tellnes, G: (2007). Music and Health Promotion. Paper accepted for oral presentation at the 19th IUHPE World Conference on Health Promotion and Health Education – Canada, Vancouver. <http://www.iuhpeconference.org/en/sitewide/site-info.htm> or [cchpr4@uvic.ca]
- Batt-Rawden. KB: (2007): Music and Health Promotion: The role and significance of music and musicking in the lives of men and women with long term illnesses. *Doctoral thesis*. University of Exeter, England.
- Batt-Rawden, KB (2010a). The Role of Music in a Salutogenic Approach to Health.. In: *International Journal of Mental Health Promotion*. Volume 12, Issue 2: pp 11-18. The Clifford Beers Foundation, Stafford, UK.
- Batt-Rawden, KB (2010b). The benefits of self-selected music on health and well being. In: *The Arts in Psychotherapy; Vol 37, Issue 4; Elsevier*.
- Batt-Rawden, KB., & Tellnes, G. (2010). The benefits of an holistic and salutogenic approach to rehabilitation and recreation. In: Kofler W, editor. *Ecology and forests for public health*. Innsbruck: International Council for Scientific Development: pp103-111 . ISBN 978-9952-451-10-8.
- Batt-Rawden, KB & Tellnes, G. (2011). How music may promote healthy behaviors. *Scand J Public Health*. 39; 113-120. Sage Publications: London).
- Batt-Rawden, KB., & Tellnes, G. (2011). The benefits of nature and culture activities on health, environment and wellbeing: A presentation of three evaluation studies among persons with chronic illnesses and sickness absence in Norway. In: Nordby, H., & Rønning, R., & Tellnes, G. editors. *Social aspects of illness, disease and sickness absence*. Oslo: Unipub (Oslo Academic Press): pp199-222.
- Batt-Rawden, KB & ; Tellnes, G (2012): Social Causes to Sickness Absence among Men and Women with Mental Illnesses. *Psychology* 2012 ;Volum 3.(4) s. 315-321
- Batt-Rawden,KB & Tellnes, G: (2012) Social factors of sickness absences and the significance of the nature-culture interplay in coping. *European Journal of Public Health* 2012 ;Volum 22. s. 129-129
- Batt-Rawden, Kari; Tellnes, G: (2012). Social factors of sickness absences and ways of coping: a qualitative study of men and women with mental and musculoskeletal diagnoses, Norway. *International Journal of Mental Health Promotion* 2012 ;Volum 14.(2) s. 83-95